

*SOUND - MAKING  
JOURNIES & CHANTING*

*february 3, 10, 17, 24 ---fridays*

*5:30 - 6:30 pm*

*Adeline Yoga Studio*

*with Alan Leon.....by donation*

come play, sing, and make music for an hour on any and every friday in february

Based on those assembled, we will experiment with pattern-making on musical instruments, do call and response chanting, and create sound tapestries in the service of healing.....NO EXPERIENCE NECESSARY..... fee is anything you would like to donate

more info

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